

Starting  
Soon!

# PaddleHeads



## Junior Platform Tennis Program at URTC

**5 week Winter 3 Program Starts February 7**

**Give your Junior an "edge" by introducing Platform Tennis (Paddle) now!**



### FREE PADDLEHEADS T-SHIRT WITH SIGNUP!

With signup, your junior will receive a free URTC Paddleheads longsleeve t-shirt. Please indicate size below.

YOUTH Sizes

☐ Medium ☐ Large

ADULT Sizes

☐ Small ☐ Medium ☐ Large

### Where to register

Stop by the pro shop to sign up, or mail this form in with a check addressed to the bottom address. For further information, contact --

Kevin Schmitt

Head Tennis and Platform Professional  
kschmitt@upperridgewoodtennis.com

- Payment in full due with application.
- All credit cards, check or cash accepted
- All junior programs under the direction of Kevin Schmitt.

Here is a wonderful video illustrating the excitement of Jr Platform Tennis:  
<https://vimeo.com/19993131>

### Step 1: Pick your program & day

☐ **LITTLE LOBBERS: 4:00-5:30pm, ages 8, 9, & 10**  
Game fundamentals, stroke and footwork development

☐ TUESDAYS - Feb 13 & 27, and March 6, 13, & 20

☐ WEDNESDAYS - Feb 7, 14, 21, & 28, and March 6

☐ THURSDAYS - Feb 15 & 22, and March 1, 8, & 15

☐ **RISING STARS: ages 11 & 16**

Stroke and footwork development, match play preparation

**Time - 3:45-5:15pm**

☐ MONDAYS - Feb 26, and March 5, 12, 19, & 26

**Time - 5:30-7:00pm**

☐ TUESDAYS - Feb 13 & 27, and March 6, 13, & 20

☐ WEDNESDAYS - Feb 7, 14, 21, & 28, and March 6

☐ THURSDAYS - Feb 15 & 22, and March 1, 8, & 15

☐ **FUTURE "DRIVERS": 5:15-6:45pm, ages 13-16**

Intense drill focusing on match play preparation, footwork, and conditioning. Point strategy and point development

☐ MONDAYS - Feb 26, and March 5, 12, 19, & 26

### Step 2: Enter fee

☐ \$165 Member

☐ \$195 Non - Member

Enter amount selected here ..... \$ \_\_\_\_\_

☐ \$165 Member

☐ \$195 Non - Member

Enter amount selected here ..... \$ \_\_\_\_\_

☐ \$165 Member

☐ \$195 Non - Member

Enter amount selected here ..... \$ \_\_\_\_\_

### Step 4: Calculate total

Check your child's level of play --

☐ Beg ☐ Adv. Beg ☐ Intermediate

Platform Paddles are available for loan  
Please check with the Pro Shop

Follow us on:



Office Notes:

### What to wear

In general, athletic clothing you wear for walking, jogging, hiking, biking or cross country skiing is appropriate for platform tennis. Unlike our tennis all-white apparel policy, colored apparel is encouraged in platform tennis. You'll want to wear what you can move around in without feeling constricted. Think clothing layers! As you generate body heat by playing, you will find yourself shedding a layer or possibly two or three! Tennis sneakers or footwear meant for cross training are best. Running and track shoes are NOT recommended for two reasons: they do not provide the lateral support necessary for your feet, and they tend to flare out on the sole, running the risk of catching that edge of the sole on the court and tripping the player.

### Weather Make-up Policy

If clinic is cancelled due to inclement weather, your session will be extended by one week.

To check for weather cancellations, call 201-447-0552